Chiroprac/1c

Quit smoking in three days? Yes! Smoking cessation program helps you do it

Smoking is set to kill 6.5 million people in 2015, and 8.3 million in 2030, the World Health Organization (WHO) estimates.

If you're a smoker, you could be included in those future numbers.

So, take steps now to quit. Lifeforce Family Chiropractic (LFFC) in Savage offers a smoking cessation program that can help.

Using leading science and technology in brain function and chemistry to change the flow of chemicals within the brain and central nervous system, the clinicians at LFFC can help you eliminate your addiction and cravings for nicotine.

Indeed, the program has been offered for several years and now has an amazing success rate within three days for those individuals who follow the program and want to quit, according to Dr. Wade A. Lofton, who is the CEO/Founder of LFFC.

The smoking cessation program at LFFC uses a three-step process: Torque Release

Technique, Auriculo-Therapy and Amino Acid Therapy.

TORQUE RELEASE TECHNIQUE

This is the first step, and involves a gentle, low-force, neurological-based technique. This powerful, neurologically based method has been clinically proven to help people overcome addiction, depression, anxiety, infertility in women and improve individuals' overall well being and performance of their body.

AURICULO-THERAPY

This is the second step, and is also a neurologically based treatment that accesses the brain through the ear. This treatment, according to recent news reports and scientific literature, balances brain chemicals that, when out of balance, can lead to addictions. Auriculo-Therapy helps the body release the proteins the body needs to establish well-being, reduce the appetite for artificial stimulants and decrease withdrawal symptoms.

AMINO ACID THERAPY

This third step supports the proper release of neurotransmitters from the brain to the body. This step includes a combination of amino acids, vitamins and minerals that, when working together, have been found to be effective in addiction treatment.

A SUCCESSFUL TREATMENT

Dr. Lofton notes that the program's treatment methods have helped individuals with numerous other conditions and ailments. Many patients have been able to stop taking medications due to a better functioning body and nerve system. While traditional treatment programs have an average success rate of 30 percent for patients who complete their treatment, one study has shown a 100 percent retention rate for addicts receiving Torque Release Technique five times a week for four weeks.

If you or any of your loved ones suffer from devastating addiction and disease, please call LFFC at 952-746-4404 to find out how they can help!

Smoking Cessation and Help with other Addictions: A Few Testimonials

CHAD THOMAS

Thomas, who went through the program in 2009, says, "After 21-plus years of smoking, I was able to quit with the help provided by LifeForce Family Chiropractic. Dr. Lofton provided me with a 'spray and scent' air freshener that helped curb my nicotine cravings.

Regular chiropractic adjustment certainly helped.

Regular chiropractic adjustment certainly helped me quit too."

RAY RICE

Rice says that he had a smoking addiction that lasted 33 years. After neurological-based care at LFFC he has been helped to the point he is now smoke-free.

DALE H.

Dale H. says his entire family has been helped by LFFC. "My whole family's lives have been transformed through seeing the Doctors at LifeForce Family Chiropractic. My wife no longer suffers with pain, inability to turn her neck, menstrual problems and inability to sleep. When we thought we needed a new bed, we are blessed to say that God led us to LFFC where they got to the cause of the problem. Our son has suffered from chronic migraines that prevented him from even going to work and I can say they are completely gone. I myself, was unable to raise my left arm and had pain in the shoulder and all the way down the arm along with left knee pain. All the pain that I had is not only gone, but I feel so much healthier, especially since Dr. Lofton and his staff was able to help me stop smoking in three days after being addicted to nicotine for 46 years.

LARA L. LAMONT

"I originally sought chiropractic for pain relief," Lamont recalls. "After my second visit, I had significant release in my back. I was thrilled, as I have never thought I would experience life pain free! This alone would have been enough to keep me coming back. Although, the real miracle for me was after that second adjustment I was completely delivered from alcoholism. I had never mentioned anything to the doctors about my heavy drinking problem so this truly is deliverance! I am now able to enjoy my life and not be consumed with the desire for a drink or be crippled up in pain. It is wonderfully amazing to feel so free! Thank you."

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